



Gurukul of Vedic Astrology
ARYAMAN GURUKUL OF VEDIC STUDIES

Antārjyoti

INNER LIGHT

KARMIC INSIGHTS & LIFE LESSONS



ARYAMAN
GURUKUL OF VEDIC STUDIES

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अर्धकायं महावीर्यं चन्द्रादित्यविमर्दनम् ।
सिंहिकागर्भसंभूतं तं राहुं प्रणमाम्यहम् ॥

पलाशपुष्पसंकाशं तारकाग्रहमस्तकम् ।
राहुं द्रं रौद्रात्मकं घोरं तं केतुं प्रणमाम्यहम् ॥

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Disclaimer

This report is intended for educational and self-reflective purposes only. The interpretations shared here are based on traditional and contemporary understandings of Vedic Astrology, with the aim of supporting personal insight, emotional growth, and karmic awareness.

Please note:

- The observations made in this report are general in nature and may vary depending on the complete birth chart, planetary combinations, and individual life experiences.
- This report is not a substitute for professional advice in matters related to mental health, medical concerns, financial planning, or legal matters.
- Readers are encouraged to use their discretion and inner wisdom when reflecting on the insights shared here.
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By reading this report, you acknowledge that astrology is a tool for awareness - not prediction, and that the ultimate power to transform your life lies within you.

ॐ गुरुवे नमः



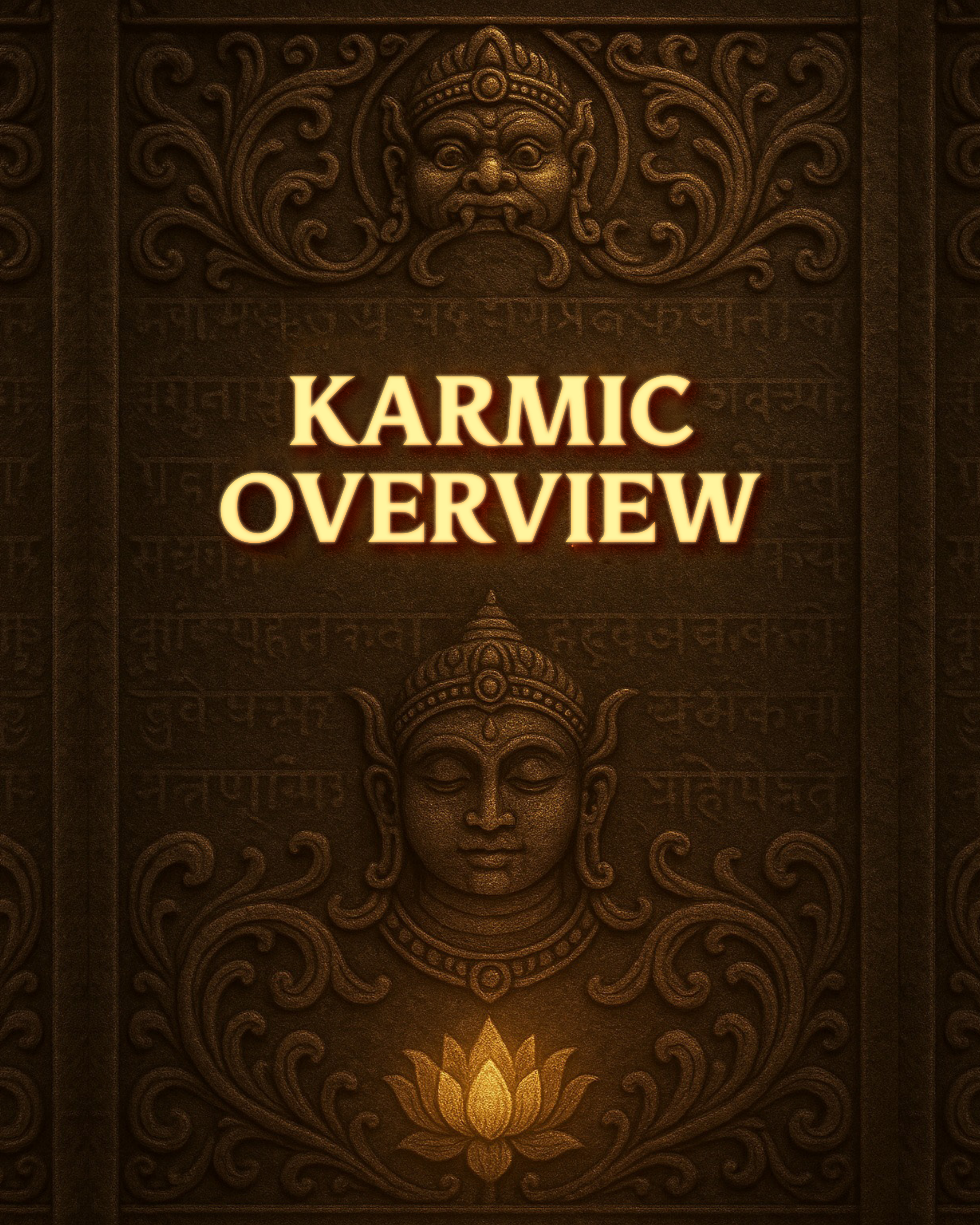


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KARMIC OVERVIEW



Karmic Lessons:

The Rahu & Ketu way

Rahu and Ketu, the lunar nodes, function as karmic indicators in Vedic Astrology, teaching profound life lessons through their polarity. They represent an axis of desire (Rahu) and detachment (Ketu), creating a journey of material and spiritual evolution. Their lessons include:

1. Desire vs. Detachment



Rahu:

Amplifies desires, cravings, and obsessions related to material success, recognition, and worldly experiences.



Ketu:

Fosters detachment, renunciation, and introspection, urging one to seek inner fulfillment rather than external validation.



Lesson:

True contentment arises when we balance ambition with inner peace.





2. Worldly Illusions vs. Spiritual Truth



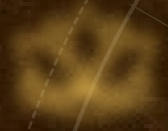
Rahu:

Entices with illusions, making one chase fame, wealth, or power, often leading to confusion and dissatisfaction.



Ketu:

Detaches illusions, urging self-inquiry, but may also cause isolation.



Lesson:

Recognizing and transcending illusions leads to self-awareness and wisdom.

3. Expansion vs. Contraction



Rahu:

Pushes us to expand our boundaries, take risks, and explore new experiences.



Ketu:

Contracts, making us introspect and withdraw from the external world.



Lesson:

Growth happens when we embrace both expansion (learning) and contraction (reflection).





4. Future vs. Past

Rahu:

Is linked to future karma, unexplored experiences, and lessons we need to learn.

Ketu:

Is connected to past karma, past life skills, and experiences we have already mastered.

Lesson:

We must integrate past wisdom (Ketu) while embracing new challenges (Rahu).

5. Obsession vs. Liberation

Rahu:

Can create obsessions—whether for relationships, money, or power—leading to attachment and suffering.

Ketu:

Shows the path to liberation, yet excessive detachment can lead to apathy or lack of direction.

Lesson:

Freedom comes from conscious awareness, neither clinging to desires nor rejecting life's experiences.



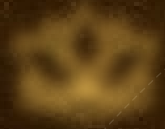


6. Shadow Work & Transformation



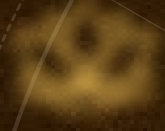
Rahu:

Brings challenges that force us to confront our fears and limitations.



Ketu:

Demands inner work, pushing us toward deep transformation and letting go of outdated patterns.



Lesson:

Facing our shadows and integrating both material and spiritual aspirations leads to true evolution.

Balancing Rahu and Ketu means embracing the material world without being enslaved by it, and pursuing spiritual growth without rejecting life's experiences. The key is conscious awareness—knowing when to pursue, when to let go, and ultimately, when to surrender to the divine flow of karma.

Each Rahu-Ketu axis offers a powerful karmic lesson, urging us to evolve by balancing the opposing energies in our lives. Mastery comes when we learn to embrace both ends of the spectrum, integrating material and spiritual lessons harmoniously.



YOUR AXIS

THE KARMIC SETUP





Rahu in the 7th House | Ketu in the 1st House

Your Karmic Blueprint: Relationships vs. Self

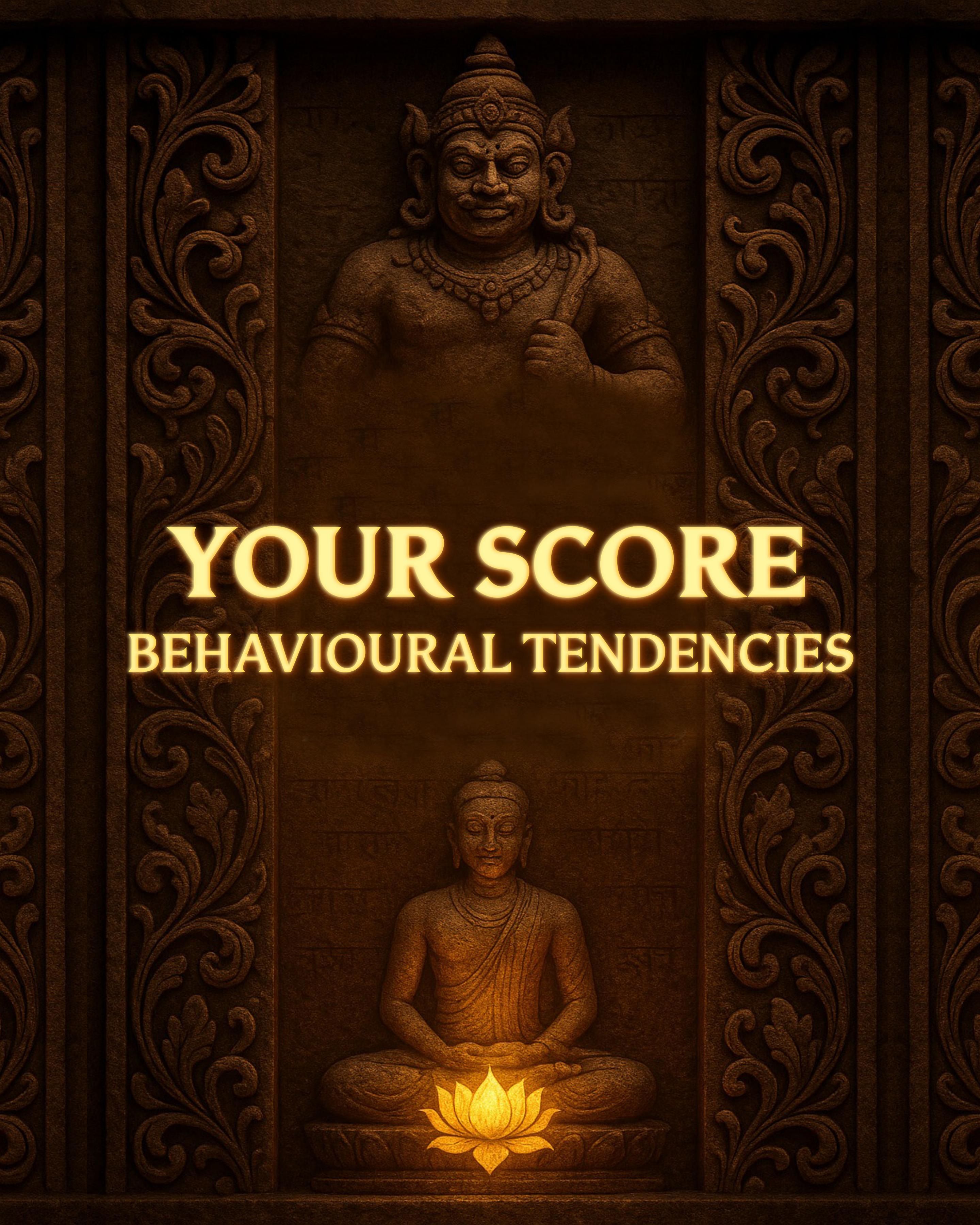
The Karmic Setup, What's This Axis About?

Rahu in the 7th house pulls you toward others — spouse, partner, colleagues, business allies, and the public at large. The obsession is with forming relationships and seeking your identity through “the other.”

But Rahu doesn't let it flow smoothly. Instead, you may:

- ❖ Become overly dependent on others for your happiness
- ❖ Lose yourself by constantly trying to please or be accepted
- ❖ Get obsessed with finding the “perfect” partner
- ❖ Care too much about public image and what others think
- ❖ Feel incomplete or restless when not in a relationship





YOUR SCORE

BEHAVIOURAL TENDENCIES



Your score

Karmic Insight Report – Shriya Pai

Rahu in the 7th House | Ketu in the 1st House

Your Karmic Blueprint: Relationships vs. Self

Behavioral Tendencies – How Rahu and Ketu Shape Your Inner Compass

Category 2 Score 6

Rahu in the 7th House – Category 2 (Moderate Influence)

What it means:

- You may feel a noticeable tug for relationships, partnerships, and social connections.
- Personal or professional collaborations hold moderate importance in your life.
- You are drawn to forming meaningful partnerships, building alliances, or seeking companionship, though not obsessively.
- Your mind may occasionally focus on attracting attention, approval, or admiration from partners or collaborators.
- Ketu in the 1st house reminds you to maintain self-awareness, independence, and ethical conduct, but its guidance may sometimes be overlooked in pursuit of partnership goals.



What to watch out for:

- 👑 You may occasionally overemphasize relationships or partnerships to feel validated, admired, or secure.
- 👑 Mild restlessness, impatience, or dissatisfaction may arise if your expectations in partnerships are not met.
- 👑 Small insecurities regarding partners, collaborators, or social standing may surface.
- 👑 Occasional tension may occur if personal desires are prioritized over ethical conduct or long-term relationship stability.

What Antarjyoti Recommends:

- 👑 Practice mindful awareness of your approach to partnerships, collaboration, and social connections. Reflect on whether actions serve genuine harmony or external recognition.
- 👑 Cultivate honest, ethical, and thoughtful engagement in relationships and collaborations.
- 👑 Ketu's guidance is to balance partnership goals with self-awareness, independence, and ethical behavior.
- 👑 Engage in acts of care, understanding, and compromise to strengthen bonds and mutual growth.
- 👑 Observe how consistent, responsible attention to partnerships brings lasting satisfaction and stability.



Final message:



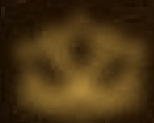
In this stage, Rahu encourages focus on relationships, partnerships, and social connections, but its influence is moderate and manageable.



Your soul seeks balance between personal needs, ethical conduct, and meaningful partnerships rather than obsessive attention or validation.



Balance desire for connection with care, integrity, and patience in relationships.



Remember, true harmony and fulfillment come from mutual respect, thoughtful engagement, and ethical conduct - not just attention, affection, or adoration.





YOUR SCORE

LIFE EXPERIENCES



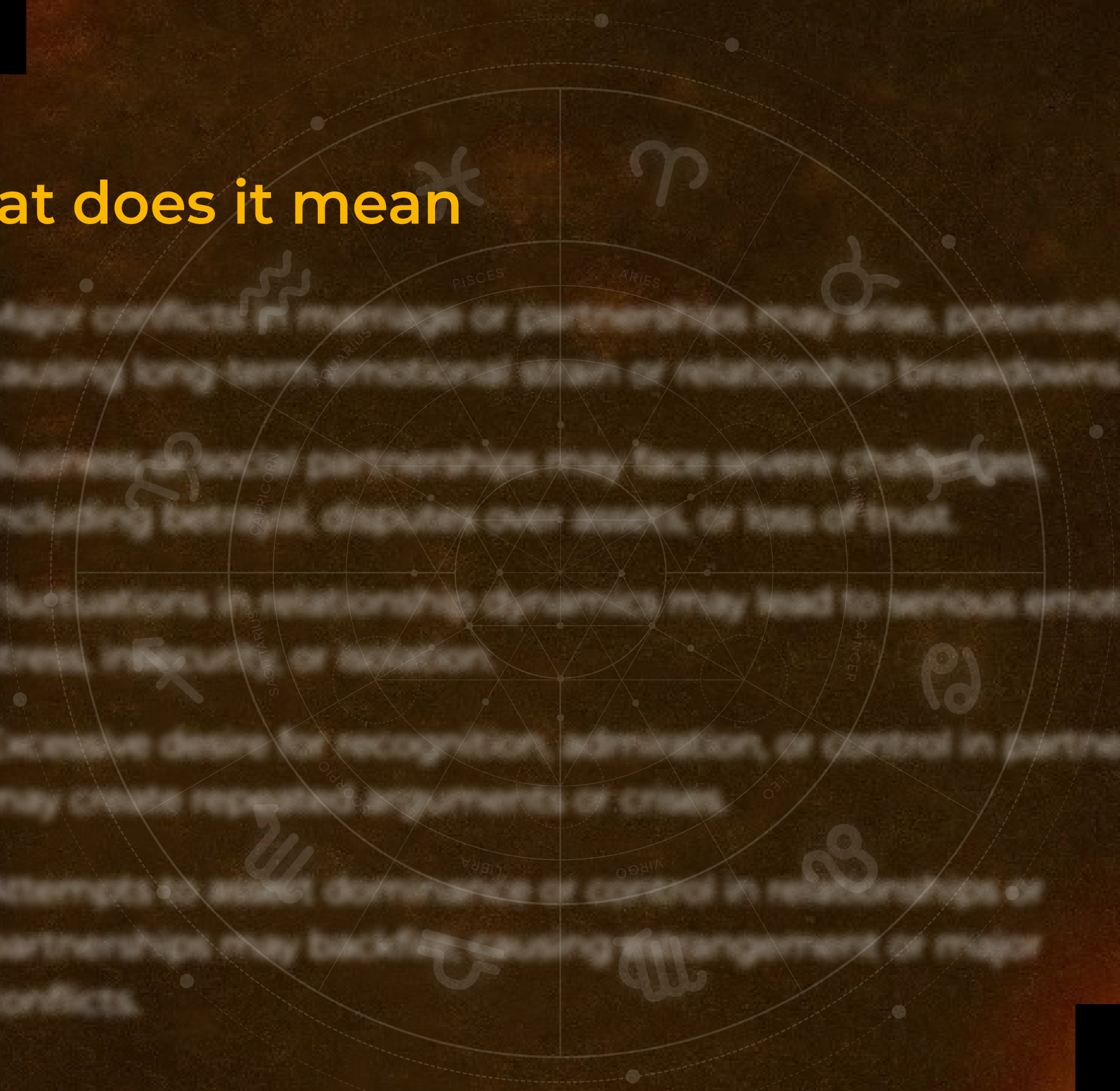


Life Experiences – How Karma Has Unfolded in Your Journey

Category 4 Score: 18

Rahu in 7th House – Category 4 Events (Extreme)

What does it mean

- 
- Major conflicts in marriage or partnerships may arise, potentially causing long-term emotional strain or relationship breakdowns.
 - Business or financial partnerships may face severe challenges, including betrayal, disputes over assets, or loss of trust.
 - Fluctuations in relationship dynamics may lead to serious emotional stress, hurt, or isolation.
 - Excessive desire for recognition, admiration, or control in partnerships may create repeated arguments or crises.
 - Attempts to assert dominance or control in relationships or partnerships may backfire, causing embarrassment or major conflicts.





What to watch out for or let go of

- ❖ Avoid letting disputes in marriage or partnerships escalate into permanent rifts or emotional trauma.
- ❖ Do not allow betrayals or conflicts in business or social partnerships to dominate your life.
- ❖ Let go of obsession with domination, control, or validation from partners or associates.
- ❖ Avoid impulsive or aggressive actions that may worsen conflicts or damage relationships irreparably.

What Antarjyoti recommends

- ❖ Communicate with utmost honesty, patience, and empathy in marriage and partnerships.
- ❖ Address trust, control, and partnership issues with careful planning, diplomacy, and emotional regulation.
- ❖ Focus on mutual respect, understanding, and compromise rather than domination or constant validation.
- ❖ Cultivate inner balance and detachment to handle extreme emotional turbulence in relationships and partnerships.





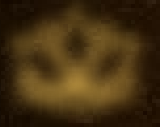
Final Message



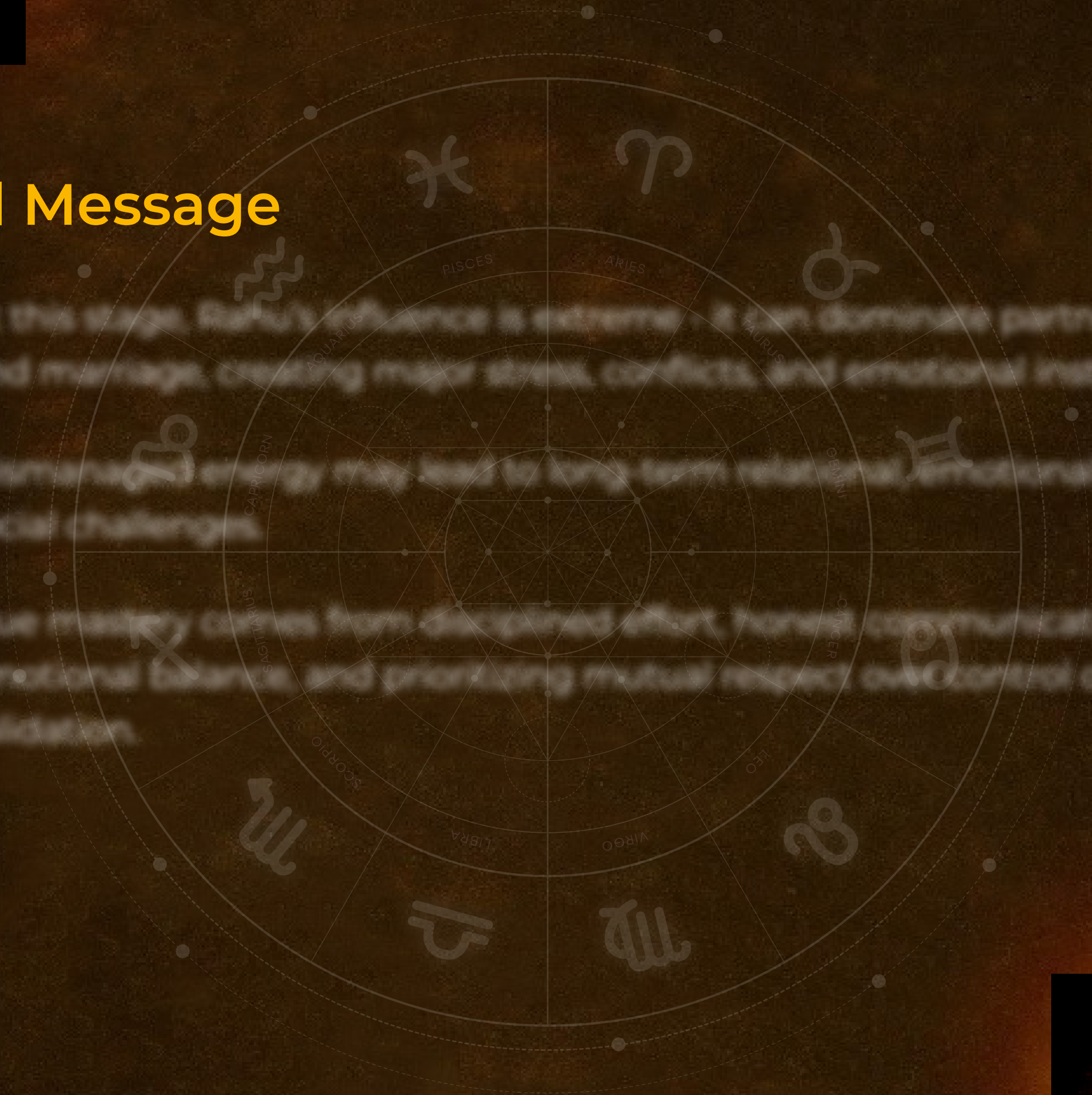
At this stage, Rahu's influence is extreme. It can dominate partnerships and marriage, creating major stress, conflicts, and emotional instability.



Marital energy may lead to long-term relational, emotional, or social challenges.



True maturity comes from disciplined effort, honest communication, emotional balance, and prioritizing mutual respect over control or validation.



KARMIC INSIGHTS AND LIFE LESSONS

(BASED ON BEHAVIOURAL TENDENCIES
+ LIFE EXPERIENCES)





Karmic Insights and Life Lessons

Overall Score – 6-18

Life Lesson – Category 2-4 (Rahu in 7th, Ketu in 1st)

You live with a partial balance, sometimes giving in to Rahu's craving for validation through relationships, other times trying to hold to your individuality. But this waffling has not been enough to protect you from karmic intensity. Life has pressed you hard through partnerships, shaking both your relationships and your sense of self.

Marital or romantic ties may have collapsed painfully, leaving scars that tested your faith in love. Betrayals in partnerships—personal or professional—may have repeated, making you feel unsafe depending on others. Spouse-related challenges may have carried heavy karmic weight, creating cycles of tension and disappointment. Meanwhile, Ketu in the 1st may have stripped away false layers of identity, leaving you confused or hollow about who you truly are. These experiences show that leaning partly on Rahu and partly on illusion cannot dissolve karmic patterns; the axis demands a deeper transformation.





Your lesson is to stop swinging between dependence and partial individuality, and to anchor yourself firmly in inner clarity. Relationships are sacred, but they cannot be the source of your identity. Love sincerely, but without clinging. Serve your partner, but without losing yourself. Build your individuality with patience, reflection, and spiritual anchoring, but with a ego or rigidity. Let Ketu's detachment in the 1st remind you to hold lightly to self-image, while still respecting your true essence.

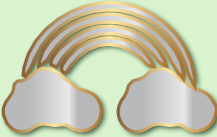
By practicing this, even the heaviest karmic struggles can turn into teachers. Instead of being broken by betrayals or shaken by loss of identity, you will find that each crisis strengthens your inner foundation. Over time, you learn to stand whole within yourself, so that relationships become spaces of sharing, not dependency. This is the balance Rahu and Ketu demand - selfhood rooted inside, and love expressed outside without fear.





My Karmic Map



 Meditation	 Dove	 Sun	 Lotus
 Fern	 Star	 Rainbow	 Butterfly
 Mask	 Thunderbolt	 Fire	 Danger
 Handcuff	 Anchor	 Serpent	 Bomb



- Meditation** - Stillness

Dove - Peacefulness

Sun - Clarity, Illumination of Truth

Lotus - Detachment, Rising above Crisis

Fern - Growth, Growing Through Inner Work

Star - Shine, Surrender to Divine Timing

Rainbow - Acceptance, Learning Karmic Lessons

Butterfly - Transformation, Higher Awareness

- Mask** - Hiding, False Identities

Thunder - Intense emotions, Sudden Karmic Shocks

Fire - Obsession, Excessive Emotions, Burnout Risk

Danger sign - Overwhelm, Karmic Challenges

Handcuffs - Obsession, Compulsive Fixation

Anchor - Attachment, Unhealthy Binding, Addictions

Serpent - Karmic Debt, Betrayals

Bomb - Karmic Explosion, Endless Hunger



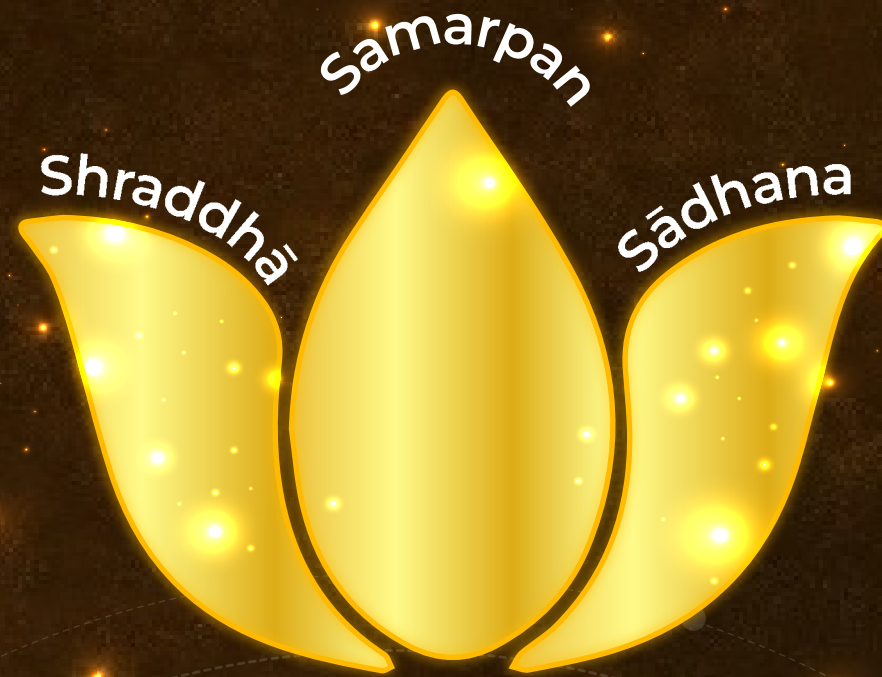
My Ultimate Life Lesson

"I must stop swinging between dependency and partial individuality, learning instead to root my identity within and love without clinging, so that even heavy karmic struggles turn into strength and balance."





MY
WAY
FORWARD



Shraddhā + Faith

Faith in the divine order of life, in one's higher self, and in the karmic journey.
Opposes Rahu's tendency to create doubts, fear, and illusion.



Samarpan + Surrender

True surrender is aligning personal will with divine will.
True surrender is aligning personal will with divine will.
Balances Ketu's detachment by turning it into grateful acceptance rather than bitterness.



Sādhana + Spiritual Practice / Discipline

Consistent practice anchors the mind and keeps Rahu's restlessness in check.
Transforms Ketu's withdrawal into inner growth and tapas (austerity).



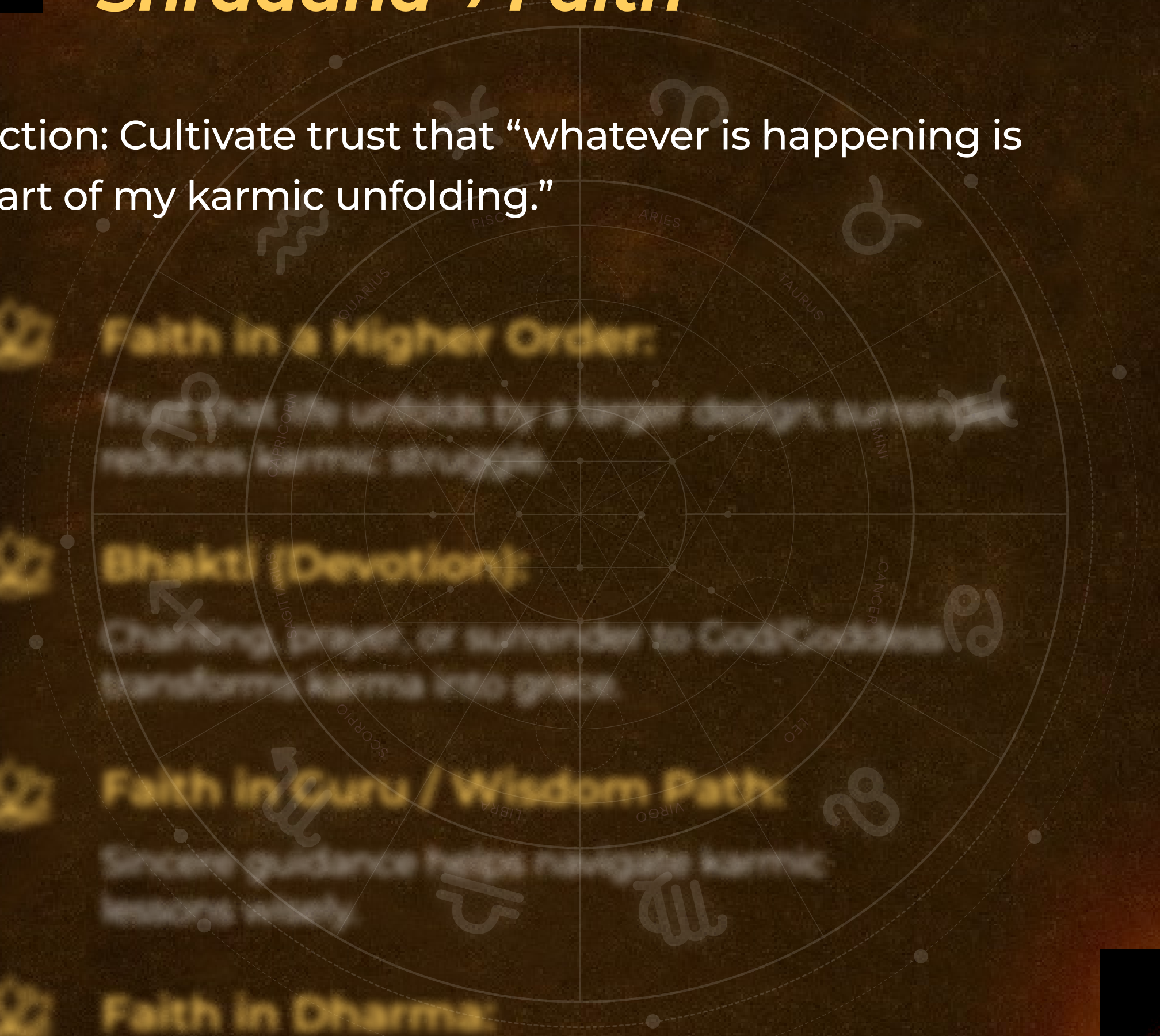
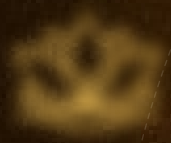
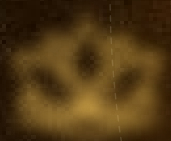


Igniting your Antarjyoti (Inner Light)

Way Forward - 3S Action Plan

Shraddhā → Faith

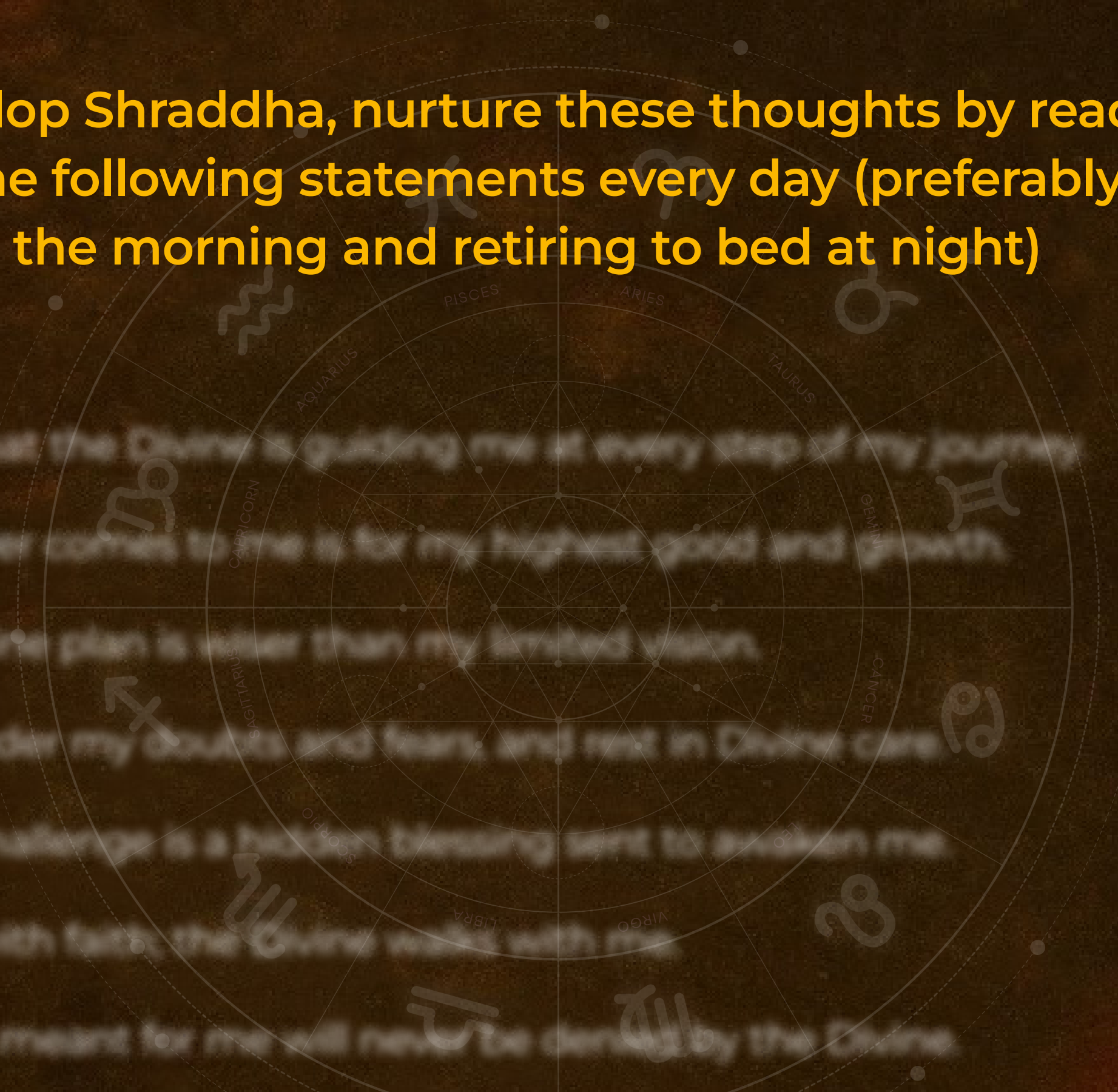
Action: Cultivate trust that “whatever is happening is part of my karmic unfolding.”

- 
-  **Faith in a Higher Order:**
Trusting that events unfold by a larger design, which reduces karmic struggles.
 -  **Bhakti (Devotion):**
Chanting, prayer, or surrender to God/Goddess transforms karma into grace.
 -  **Faith in Guru / Wisdom Path:**
Sincere guidance helps navigate karmic lessons easily.
 -  **Faith in Dharma:**
Living ethically even in difficulty keeps you aligned with soul's path.
 -  **Faith in Transformation:**
Believing that no karma is permanent, with awareness and effort, it can be purified.





To develop Shraddha, nurture these thoughts by reading aloud the following statements every day (preferably upon rising in the morning and retiring to bed at night)

- 
1. I trust that the Divine is guiding me at every step of my journey.
 2. Whatever comes to me is for my highest good and growth.
 3. The Divine plan is wiser than my limited vision.
 4. I surrender my doubts and fears, and rest in Divine care.
 5. Every challenge is a hidden blessing sent to awaken me.
 6. I walk with faith; the Divine walks with me.
 7. What is meant for me will never be denied by the Divine.
 8. Even when I do not understand, I trust that the Divine understands.
 9. I open my heart fully to receive Divine love and guidance.
 10. I am safe, I am guided, I am held by the Divine at all times.





Samarpan → Surrender

Action: In moments of confusion, say inwardly
“I leave this to the Higher Power.”



Affirmation

“Through loving partnerships, I discover my truest self.”

Sādhana → Spiritual Practice / Discipline

Action: Maintain daily spiritual discipline – meditation, mantra, seva, study, or silence.

10 Spiritual Practices for Rahu–Ketu Balancing

1. Daily Meditation & Breathwork (Pranayama)

- Calms Rahu's restless mind and Ketu's scattered detachment.
- Helps cultivate presence and awareness.

2. Selfless Service (Seva / Karma Yoga)

- Neutralizes selfish Rahu desires and balances Ketu's indifference.
- Doing without expectation of return purifies karma.

3. Mantra Japa

- Rahu: Om Raam Rahave Namah
- Ketu: Om Kem Ketave Namah
- Regular chanting balances subtle energies of obsession and detachment.





4. Fasting & Simplicity in Food

- Observing fasts on Ekadashi, Amavasya, or planet-specific days (Saturn/Rahu on Saturdays, Ketu on Tuesdays).
- Eating satvik (pure, vegetarian, light) food reduces karmic density.

5. Journaling & Self-Reflection

- Writing daily reflections helps identify subconscious patterns, karma, and past karmic tendencies.
- Awareness brings change.

6. Pilgrimage & Sacred Journeys

- Visiting temples, rivers, or holy places helps break ancestral and past-life karma tied to Rahu.
- A way to consciously surrender Rahu's worldly attachments.

7. Charity & Helping the Marginalized

- Donating time, knowledge, food, or resources to the poor, differently-abled, or abandoned animals.
- Directly appeases both Rahu (illusion, material craving) and Ketu (past neglect).





8. Studying & Living Vedic Wisdom

- Reading Bhagavad Gita, Yoga Sutra, Upanishads, or any text that reveals higher truth
- Study Rahu's conjunction with Chandra, Ketu's and Saturne with Mars.

9. Mindful Speech & Silence Practice

- Rahu often creates exaggeration, manipulation, or over talk.
- Practicing mindful silence or mindful listening helps karma extinguish.

10. Gratitude & Forgiveness Rituals

- Daily practice of making the prayers, oblations, and offerings
- Forgiving self and others releases stored karma debts from the Rahu-Ketu axis.





Gratitude for Walking the Path Within

Dear Seeker,

Thank you for taking the time to reflect, respond, and receive your **Antaryoti (Inner Light) Report**.

This report is a mirror—revealing the karmic patterns, emotional undercurrents, and subconscious tendencies that shape your life's journey.

We honour your courage to look within and your willingness to grow beyond the familiar.

As you read through your insights, you may find moments of deep recognition, and perhaps, a few questions too. To support you further, we are happy to offer personalised 1-on-1 counselling with a certified Jyotish Margadarshak from Anyaman Gurukul.





In this **45-minute session**, you will receive:

- ☛ Clarity on your unique karmic challenges
- ☛ Guidance to navigate key life events
- ☛ Mentoring to help you build a renewed, empowered version of yourself

This session is available at a **nominal Dakshina of ₹1499/-**, a small offering for the deeper understanding you will gain.

If you'd like to schedule your session, simply reach out to us on (<https://antarjyoti.co.in/>), and we'll help you take the next step with trust and grace.

With deep respect for your journey,

Team Aryaman Gurukul of Vedic Studies LLP

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